

Name: Colton Merrill, ATC, CPT		Grading Quarter: 1	Week 12 Beginning: October 21
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Understand key terminology related to pain and pain control 2. Utilize pain scales to help determine the severity of pain 3. Analyze various pain theories and methods of pain control 4. <p>Lesson Overview:</p> <p>L5 Pain</p>	Academic Standards: 8.0
Tuesday	Notes:	<p>Objective:</p> <p>Understand terminology associated with the tissue healing and rehabilitation process</p> <ol style="list-style-type: none"> 5. Examine conditions or situations that can help or hinder the healing process 6. Understand biomechanical changes and secondary injuries that can occur during healing process and rehabilitation <p>Lesson Overview:</p> <p>L6 Things that Hinder or Help Healing</p>	Academic Standards: 8.0
Wednesday	Notes:	<p>Objective:</p> <p>Learn new gait terminology</p> <p>Understand and demonstrate the components of the gait cycle</p> <p>Demonstrate ability to calculate gait measurements</p> <p>Lesson Overview:</p> <p>L 7 Gait Analysis -</p> <p>L 8 Abnormal Gait -</p>	Academic Standards: 6.8
Thursday	Notes:	<p>Objective:</p> <p>Apply new gait terminology</p> <p>Practice and demonstrate the components of the gait cycle</p> <p>Demonstrate ability to calculate gait measurements</p> <p>Lesson Overview:</p> <p>GAIT LAB</p>	Academic Standards: 6.8

Friday	Notes:	<p>Objective:</p> <p>Study and review all information learned in Unit 4 Tissue Healing.</p> <p>Prepare for test.</p> <p>Finish study guide</p> <p>Lesson Overview:</p> <p>Study Guide</p> <p>Kahoot</p>	Academic Standards: 6.8
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